

Neurophysiology

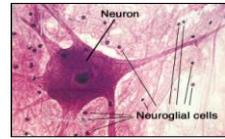
All animal cells have electric potential differences (**voltages**) across plasma membranes – only electrically excitable cells can respond with APs...

**Luigi Galvani (1791)**  
**“Animal electricity”**  
 Electrical “fluid” passed through metal rods from muscle to nerve; discharge from muscle caused contraction

**Carlo Matteucci (1840)**  
 Demonstrated that excitable tissues produce electric current

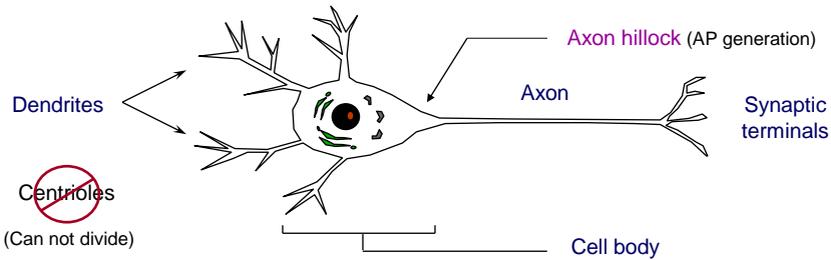
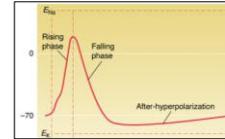
Neurons:

- Long-lived (~ 100 years)
- High metabolic rate
- Specialized "excitable" cells
- Allow rapid communication throughout body



Neuron Anatomy:

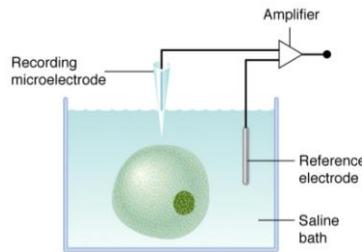
- 1) **Dendrites**: Receive information (environment / other neurons)
- 2) **Cell body (soma)**: Integrates information / initiate response
- 3) **Axon**: Conducts **action potential** (AP – electrical impulse)
- 4) **Synaptic terminals**: Transmit signal (other neurons / effector organs)



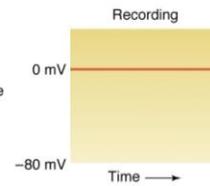
How do we generate a membrane potential in a living cell?

Membrane Potential:

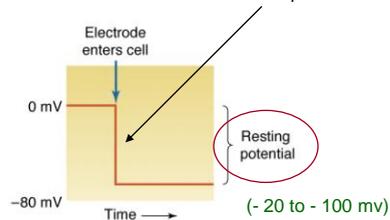
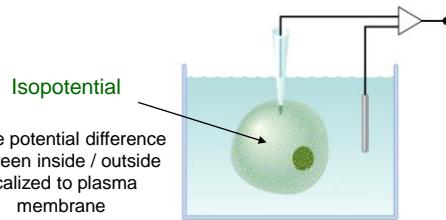
- Voltage difference between cytosol of a cell and the extracellular medium



Mammalian neurons: -90 mV



Downward deflection = Negative inside potential

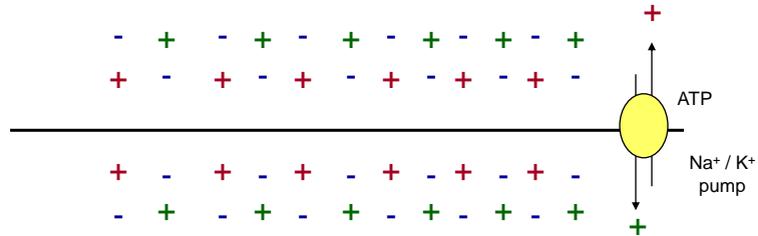


Need to develop unequal charge distribution across cell membrane...

HOW?

Develop unequal distribution of ions!

+ = Na<sup>+</sup>  
+ = K<sup>+</sup>  
- = Cl<sup>-</sup>  
Proteins<sup>-</sup>



Step 1: Make [ion species] inside cell different from [ion species] outside cell

- Na<sup>+</sup> / K<sup>+</sup> pump (active transport)

Need to develop unequal charge distribution across cell membrane...

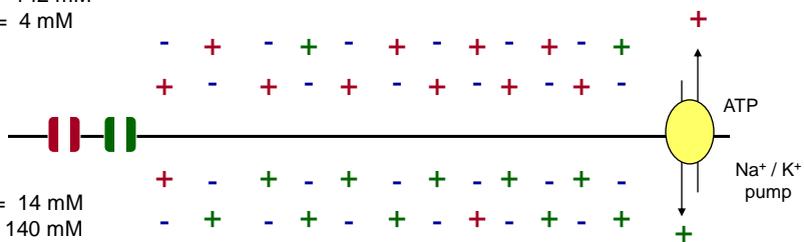
HOW?

Develop unequal distribution of ions!

+ = Na<sup>+</sup>  
+ = K<sup>+</sup>  
- = Cl<sup>-</sup>  
Proteins<sup>-</sup>

Concentration gradient established

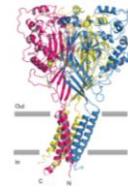
Na<sup>+</sup> = 142 mM  
K<sup>+</sup> = 4 mM



Step 1: Make [ion species] inside cell different from [ion species] outside cell

- Na<sup>+</sup> / K<sup>+</sup> pump (active transport)

Step 2: Put selectively permeable ion channels into membrane



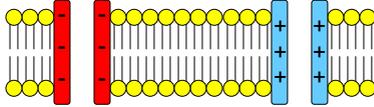
Ion Channels:

- Integral membrane proteins that permit passage of ions

Ion Channel Characteristics:

A) Selective Permeability:

Protein channels highly selective for transport of specific ions

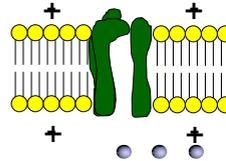


- Diameter
- Shape
- Electrical charges
- Chemical bonds

B) Gates:

Allow for controlling ion permeability of a channel

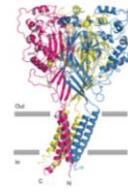
May be extensions of the channel that move (e.g., ball-and-chain) or may be integrated into channel



Voltage-gating

Gate responds to electrical potential across membrane

Conductance:  
A measure of the probability that a channel is open



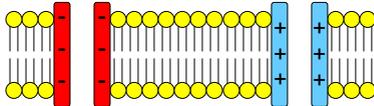
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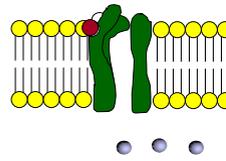
Protein channels highly selective for transport of specific ions



- Diameter
- Shape
- Electrical charges
- Chemical bonds

B) Gates:

Allow for controlling ion permeability of a channel



Ligand-gating

Gate responds to binding of a chemical messenger

Need to develop unequal charge distribution across cell membrane...

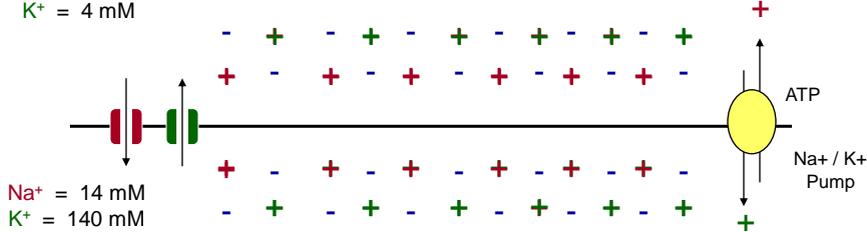
Concentration gradient established

$\text{Na}^+ = 142 \text{ mM}$   
 $\text{K}^+ = 4 \text{ mM}$

HOW?

Develop unequal distribution of ions!

$+$  =  $\text{Na}^+$   
 $+$  =  $\text{K}^+$   
 $-$  =  $\text{Cl}^-$   
Proteins $^-$



Step 1: Make [ion species] inside cell different from [ion species] outside cell

- $\text{Na}^+ / \text{K}^+$  pump (active transport)

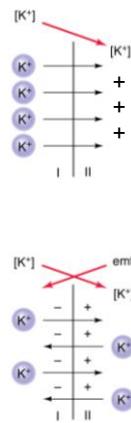
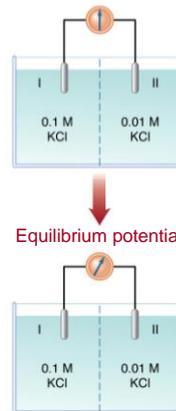
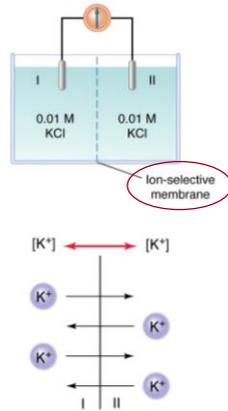
Step 2: Put selectively permeable ion channels into membrane

If both fully permeable, equilibrium quickly re-established...

However, if not...

Equilibrium Potential:

Diffusional potential:  
Potential difference generated across a membrane when a charged solute diffuses down its [gradient]



Requires only small amount of ions to cross membrane

Electrochemical equilibrium

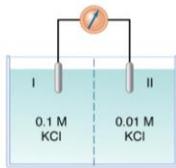
Equilibrium Potential:

**Nernst Equation:** Allows for calculating the equilibrium potential of single ions

$$E_x = \frac{-2.3 RT}{zF} \log \frac{[X]_{in}}{[X]_{out}}$$

(Derived from Ideal Gas Laws)

- $E_x$  = Equilibrium potential for ion X (V)
- $R$  = Gas constant
- $F$  = Faraday constant
- $T$  = Absolute temperature (K)
- $Z$  = charge on each ion
- $[X]$  = concentrations of ions on each side of membrane



$$E_x = \frac{-60 \text{ mV}}{z} \log \frac{[X]_{in}}{[X]_{out}}$$

$$E_x = \frac{-60}{1} \log \frac{0.1}{0.01} = -60 \text{ mV}$$

Need to develop unequal charge distribution across cell membrane...

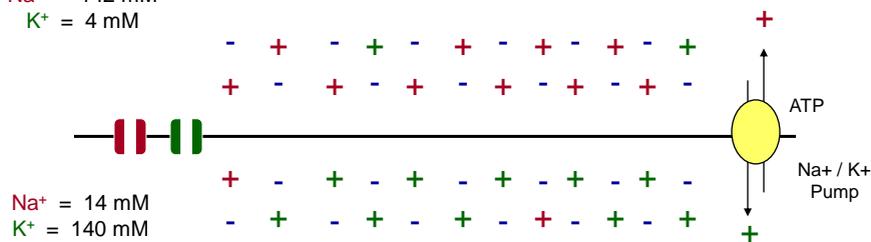
Concentration gradient established

$\text{Na}^+ = 142 \text{ mM}$   
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HOW?

Develop unequal distribution of ions!

- $+$  =  $\text{Na}^+$
- $+$  =  $\text{K}^+$
- $-$  =  $\text{Cl}^-$  Proteins



Step 1: Make [ion species] inside cell different from [ion species] outside cell

- $\text{Na}^+ / \text{K}^+$  pump (active transport)

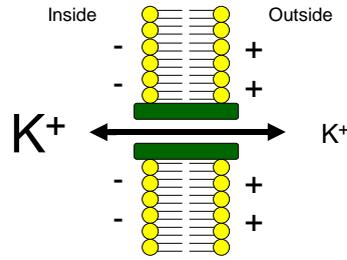
Step 2: Put selectively permeable ion channels into membrane

Which ion is more permeable?

If a membrane were permeable to only  $K^+$ , then...

**$K^+$  Equilibrium Potential ( $E_K$ ):**  
The electrical potential that counters the net diffusion of  $K^+$

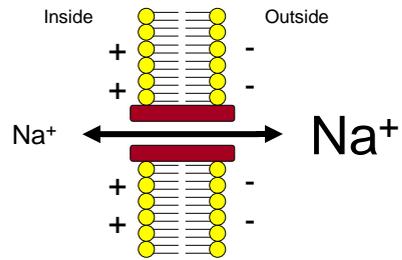
$$E_K = -93 \text{ mV}$$



If a membrane were permeable to only  $Na^+$ , then...

**$Na^+$  Equilibrium Potential ( $E_{Na}$ ):**  
The electrical potential that counters the net diffusion of  $Na^+$

$$E_{Na} = +60 \text{ mV}$$



Recall:  
Neuron RMP  
-90 mV

Need to develop unequal charge distribution across cell membrane...

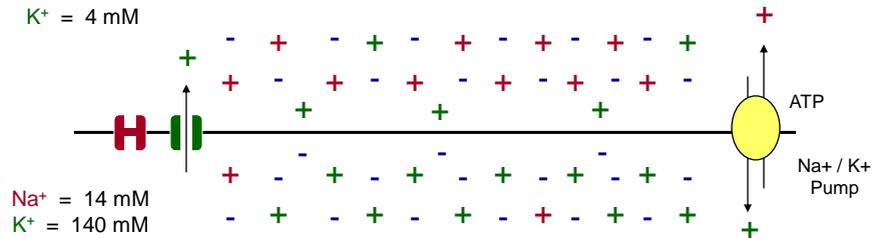
HOW?

Concentration gradient established

$Na^+ = 142 \text{ mM}$   
 $K^+ = 4 \text{ mM}$

Develop unequal distribution of ions!

+ =  $Na^+$   
+ =  $K^+$   
- =  $Cl^-$  Proteins



Step 1: Make [ion species] inside cell different from [ion species] outside cell

- $Na^+ / K^+$  pump (active transport)

Step 2: Put selectively permeable ion channels into membrane

- "leaky"  $K^+$  channels; impermeable  $Na^+$  channels

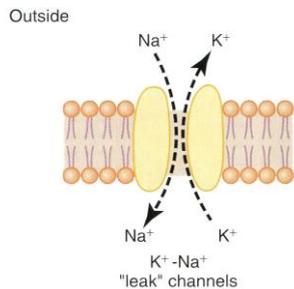
Take Home Message:

The resting membrane potential is closest to the equilibrium potential for the ion with the highest permeability!

Are we done with resting membrane potential?

NO!

$$-93 \text{ mV} \neq -90 \text{ mV}$$



- "Leaky" K<sup>+</sup> gates slightly permeable to Na<sup>+</sup>

$$K^+ \gg \gg Na^+$$

100x

- Mathematically, need to take into account Na<sup>+</sup> "leakage"...

Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.4

P = permeability constant

X = K<sup>+</sup>

Y = Na<sup>+</sup>

Z = Cl<sup>-</sup>

Equilibrium Potential:

**Goldman Equation:** Allows for calculating the equilibrium potential for multiple ions

$$E_{X,Y,Z} = \frac{-60}{z} \log \frac{P_X[X]_{in} + P_Y[Y]_{in} + P_Z[Z]_{in}}{P_X[X]_{out} + P_Y[Y]_{out} + P_Z[Z]_{out}}$$

$$E_{Na, K} = \frac{-60}{z} \log \frac{1 [K^+]_{in} + 0.01 [Na^+]_{in}}{1 [K^+]_{out} + 0.01 [Na^+]_{out}}$$

Mammalian Neuron:

$$E_{Na, K} = -60 \log \frac{1 (140) + 0.01 (14)}{1 (4) + 0.01 (142)}$$

Na<sup>+</sup> = 142 mM  
K<sup>+</sup> = 4 mM

Na<sup>+</sup> = 14 mM  
K<sup>+</sup> = 140 mM

$$E_{Na, K} = -85 \text{ mV}$$

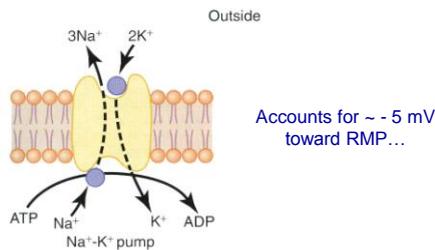
Take Home Message II:

The resting membrane potential must take into account all ion species that are able to cross the membrane!

Are we done with resting membrane potential?

**NO!**

**- 85 mV  $\neq$  - 90 mV**



Remember:  
Na<sup>+</sup> / K<sup>+</sup> pump is **electrogenic**  
(3 +’s out / 2 +’s in)

**- 90 mV = - 90 mV**

Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.4

**Action Potential:**

- Rapid changes in membrane potential that spread along a nerve / muscle fiber membrane

Characteristics of Action Potentials:

1) **Stereotypical size / shape:**

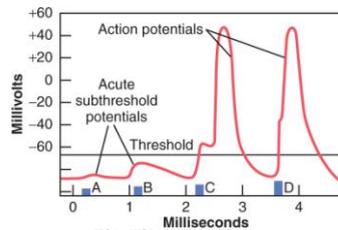
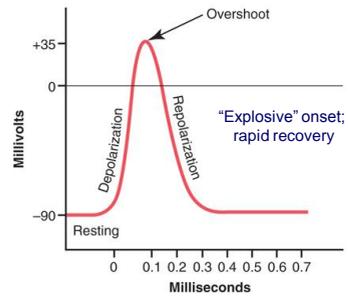
Each normal action potential for a given cell looks identical

2) **Propagation:**

An action potential at one site triggers action potentials at adjacent sites

3) **All-or-none response:**

If a cell is excited above a certain point, then the occurrence of an action potential is inevitable.



**Threshold (~ - 60 mV):**  
Intensity of stimulation required to elicit an action potential

Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.6 / 5.8

**Action Potential:**

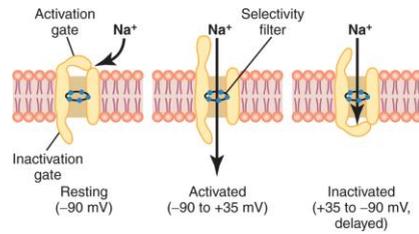
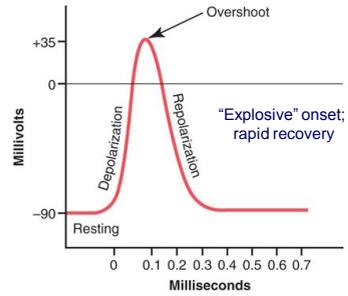
- Rapid changes in membrane potential that spread along a nerve / muscle fiber membrane

**Ionic Basis of Action Potential:**

1) **Depolarization:**

- Neutralization of membrane via influx of  $\text{Na}^+$  ions
  - **Overshoot:** Excess of (+) ions entering (only occurs in large neurons...)
- **Voltage-gated sodium channels**
  - Two gates (activation / inactivation)
    - Activation = rapid onset
    - Inactivation = slow onset

$\text{R}_x$  Tetrodotoxin (toxin) and lidocaine (local anesthetic) block voltage-gated sodium channels



Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.6 / 5.7

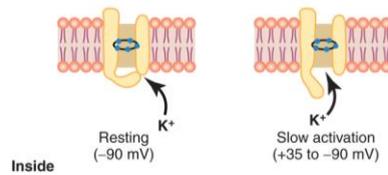
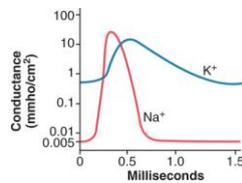
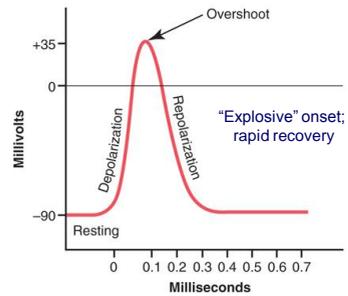
**Action Potential:**

- Rapid changes in membrane potential that spread along a nerve / muscle fiber membrane

**Ionic Basis of Action Potential:**

2) **Repolarization:**

- Re-establishment of polarity via efflux of  $\text{K}^+$  ions
- **Voltage-gated Potassium Channels**
  - Single gate; delayed activation



Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.6 / 5.7 / 5.10

**Action Potential:**

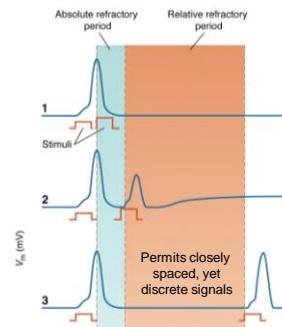
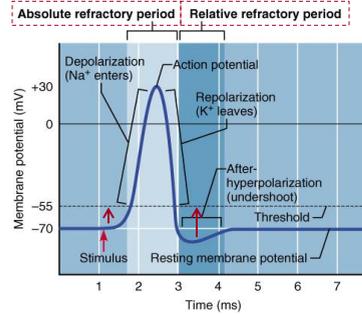
- Rapid changes in membrane potential that spread along a nerve / muscle fiber membrane

**Ionic Basis of Action Potential:**

**3) Refractory period:**

- **Absolute:** (~ 0.5 ms)
  - Na<sup>+</sup> inactivation gate will not reopen until cell nears RMP
- **Relative:** (~ 1 ms)
  - Excess of (+) ions leaving (undershoot) results in brief increase in polarity of cell
    - Stronger stimulus needed to reach threshold
    - All-or-none property of AP not applicable

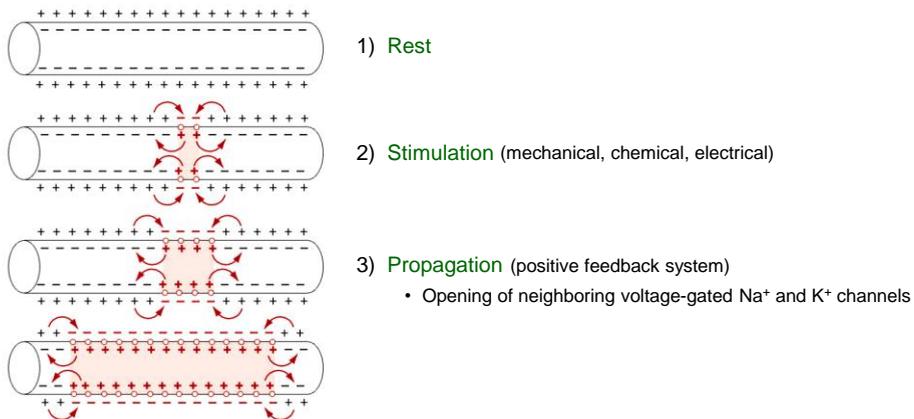
“Toilet” analogy



Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.12

**Propagation of Action Potentials:**

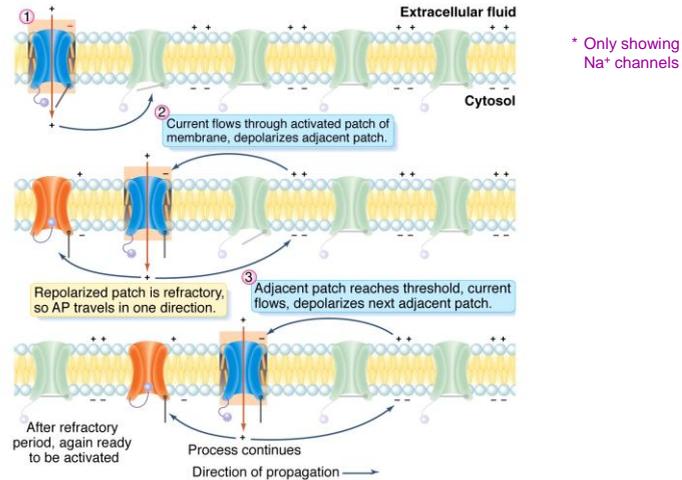
Propagation of APs down a nerve occurs by the spread of local currents from active to adjacent inactive regions



Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.11

Propagation of Action Potentials:

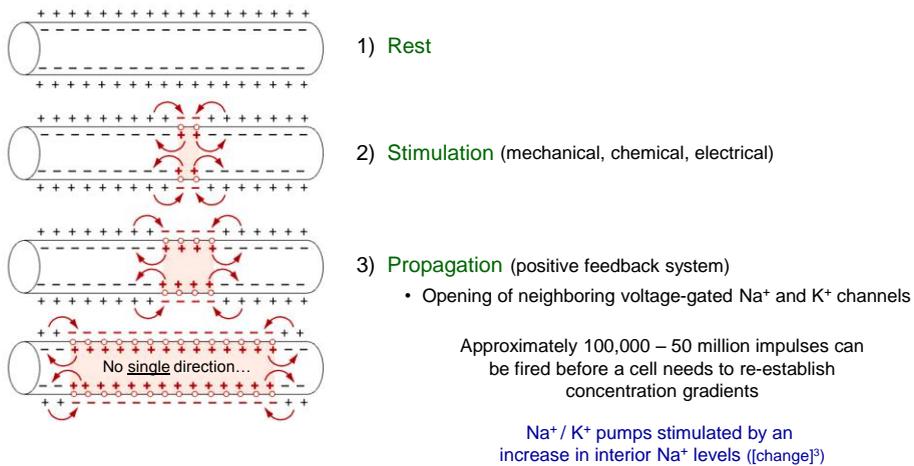
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Randall et al. (Eckert: Animal Physiology, 5<sup>th</sup> ed.) – Figure 6.4

Propagation of Action Potentials:

Propagation of APs down a nerve occurs by the spread of local currents from active to adjacent inactive regions

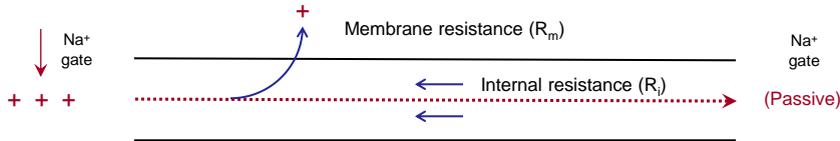


Guyton & Hall (Textbook of Medical Physiology, 12<sup>th</sup> ed.) – Figure 5.11



Conduction Velocity:

AP propagation speeds vary among neurons and are dependent on neuron structure



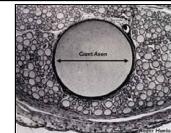
Signal decays with distance from source:

- Cytoplasm resists electrical signal flow
- Plasma membrane not 100% impermeable

$$\lambda = \sqrt{\frac{R_m}{R_i}}$$

Length Constant ( $\lambda$ )

Distance over which signal shows 63% drop in amplitude



Conduction Velocity:

AP propagation speeds vary among neurons and are dependent on neuron structure

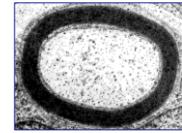
Speed that membrane ahead of active area brought to threshold = Speed of AP propagation

Greater the length constant ( $\lambda$ ) = Farther local current can flow = More rapidly membrane ahead depolarizes

$R_m$  = membrane resistance;  $R_i$  = internal resistance

$$\lambda = \sqrt{\frac{R_m}{R_i}} \longrightarrow \uparrow \text{Diameter} = \downarrow R_i = \uparrow \lambda$$

squids / arthropods / annelids / teleosts



Schwann cell (PNS)  
Oligodendrocyte (CNS)

Conduction Velocity:

AP propagation speeds vary among neurons and are dependent on neuron structure

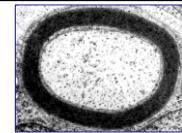
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Greater the length constant ( $\lambda$ ) = Farther local current can flow = More rapidly membrane ahead depolarizes

$R_m$  = membrane resistance;  $R_i$  = internal resistance

$$\lambda = \sqrt{\frac{R_m}{R_i}} \longrightarrow \uparrow \text{Insulation} = \uparrow R_m = \uparrow \lambda$$

↑  
Myelination

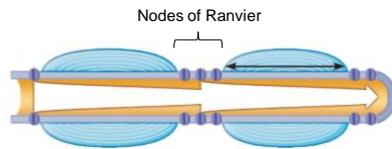


Myelin (↑) membrane resistance ~ 5000x

Conduction Velocity:

Can we simply myelinate the entire axon?

NO – Breaks in the myelin sheath are necessary to regenerate APs...



**Nodes of Ranvier:**  
Interruptions in myelin sheath  
(Location of voltage-gated ion channels)

**Saltatory Conduction**  
(↓) time... (~ 100 m / sec)  
(↓) energy usage



Conduction Velocity:

AP propagation speeds vary among neurons and are dependent on neuron structure

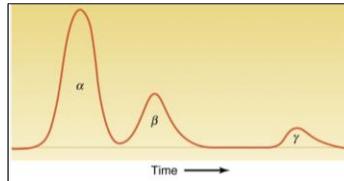


Table 6-1 The diameter of frog axons and the presence or absence of myelination control the conduction velocity.

Fiber type	Average axon diameter ( $\mu\text{m}$ )	Conduction velocity ( $\text{m} \cdot \text{s}^{-1}$ )
<b>Myelinated fibers</b>		
A $\alpha$	18.5	42
A $\beta$	14.0	25
A $\gamma$	11.0	17
B	Approximately 3.0	4.2
<b>Unmyelinated fibers</b>		
C	2.5	0.4–0.5

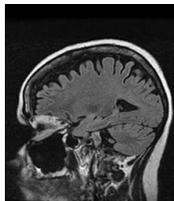
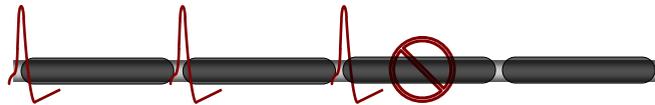
Randall et al. (Eckert: Animal Physiology, 5<sup>th</sup> ed.) – Figure 6.8 / Table 6.1

Pathophysiology:

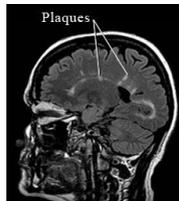
Difficult diagnosis:  
Non-stereotypic symptoms  
Transient symptoms



Multiple sclerosis is a disease characterized by demyelination of the neurons in the central nervous system



Healthy brain



Brain with damage caused by MS



About 1 person per 1000 in the USA is thought to have the disease

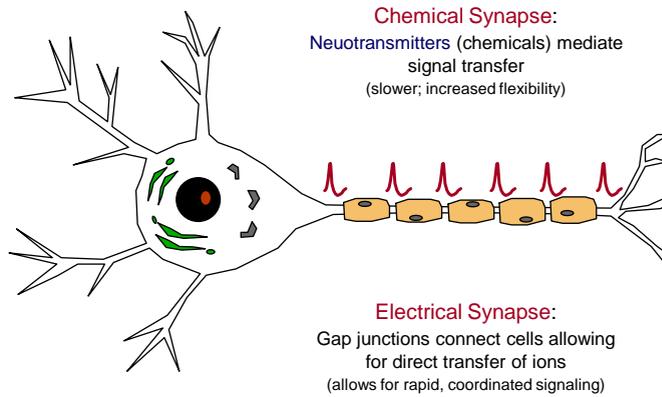
- Female-to-male ratio = 2:1
- Highest incidence in individuals of northern European descent

### How Do Neurons Communicate Together?

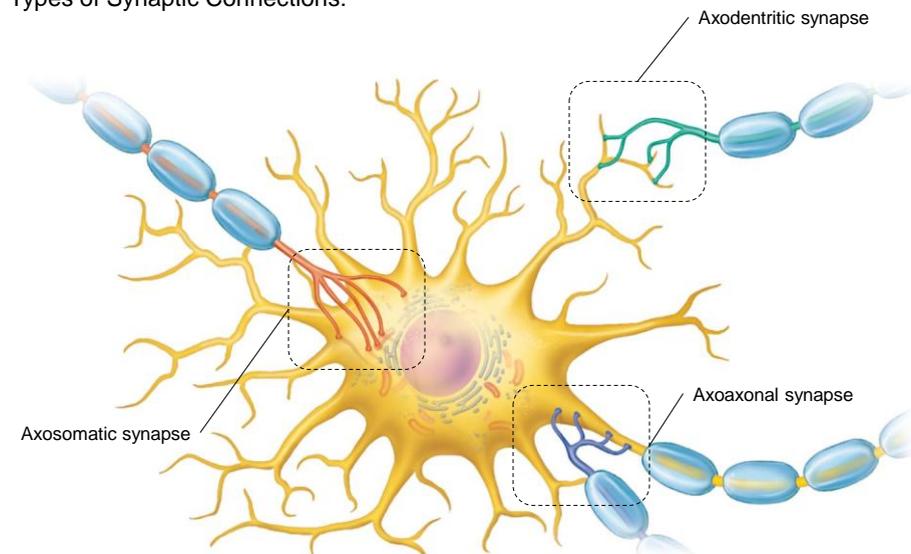
**Synapse** (*Gr* – “to clasp”) : Point of junction between neighboring neurons or a neuron and effector organ



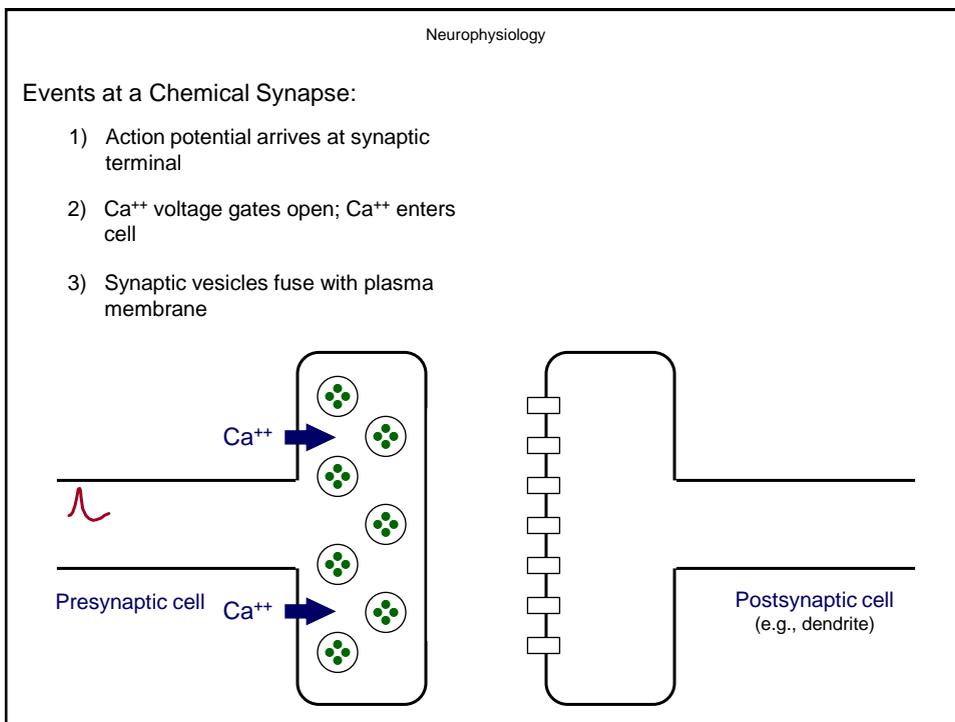
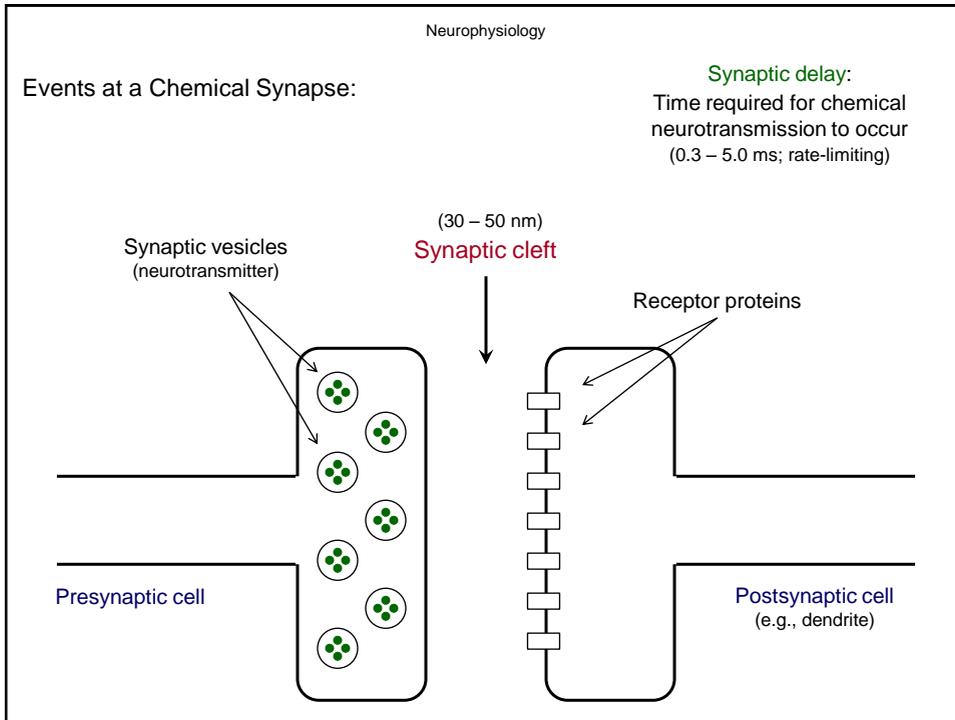
Sir Charles Sherrington (early 1900's)

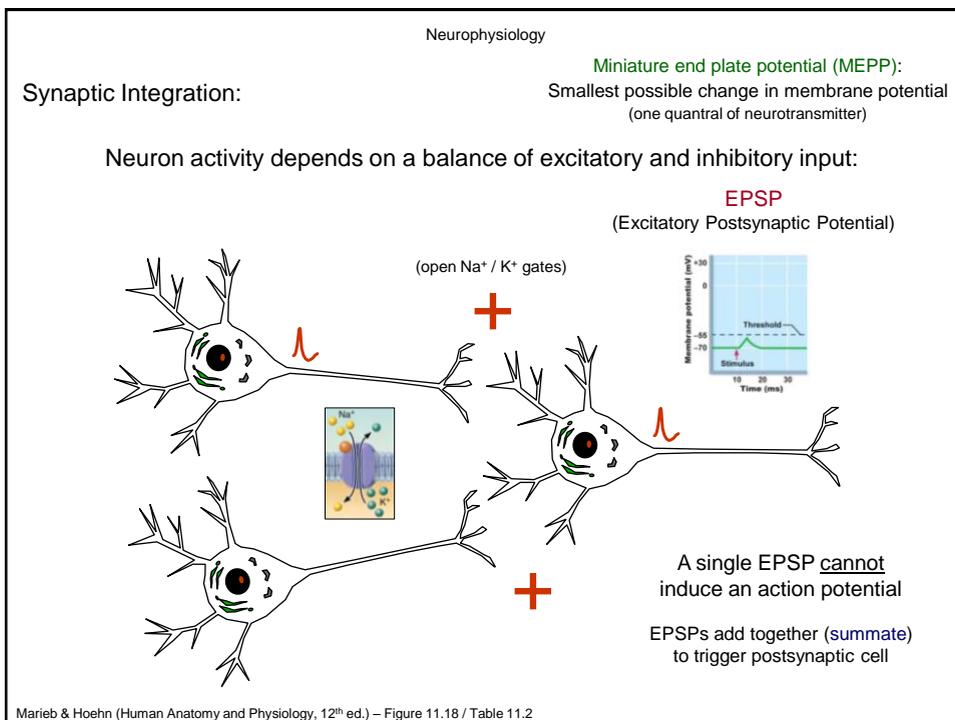
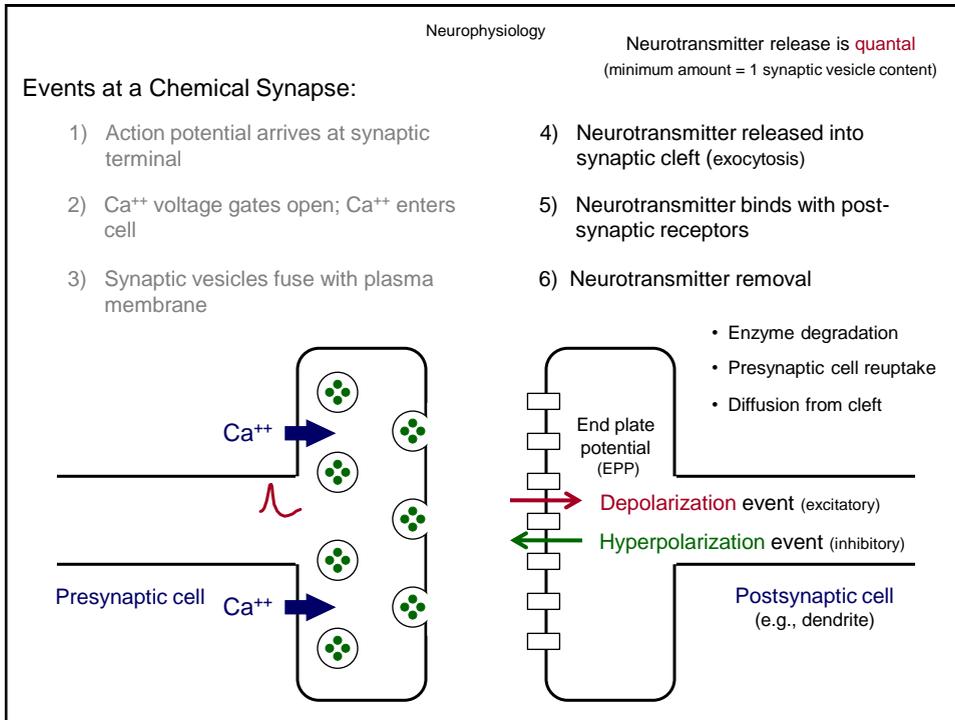


### Types of Synaptic Connections:

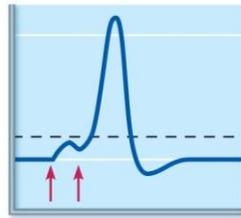
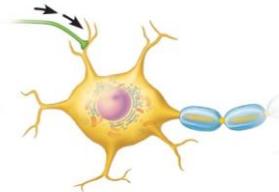


Marieb & Hoehn (Human Anatomy and Physiology, 12<sup>th</sup> ed.) – Figure 11.16

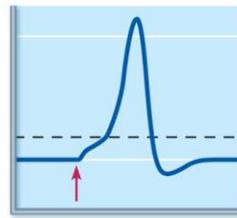
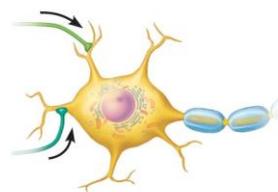




Types of Summation:



**Temporal Summation:**  
Repeated stimulation from a single synapse



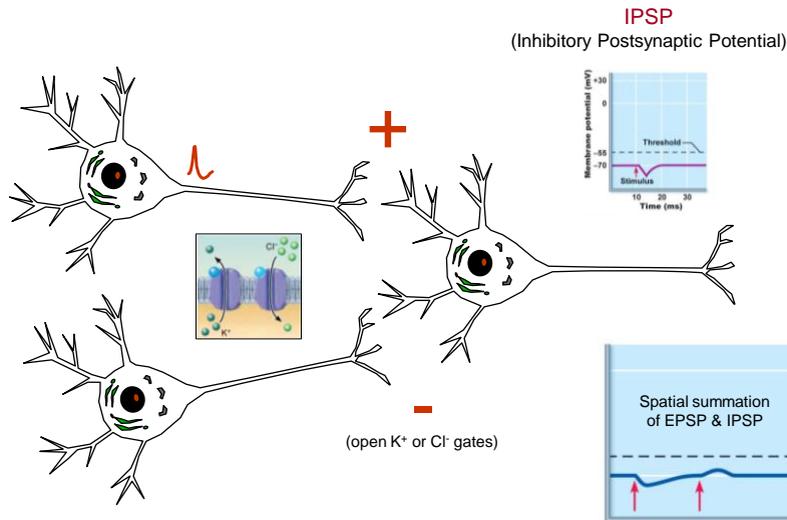
**Spatial Summation:**  
Simultaneous stimulation from separate synapses

Marieb & Hoehn (Human Anatomy and Physiology, 12<sup>th</sup> ed.) – Figure 11.19

Synaptic Integration:

Cell bodies / dendrites may have > 10,000 connections!

Neuron activity depends on a balance of excitatory and inhibitory input:

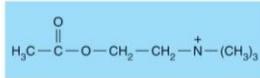


Marieb & Hoehn (Human Anatomy and Physiology, 12<sup>th</sup> ed.) – Figure 11.18 / Table 11.2

**Types of Neurotransmitters** (based on structure):

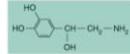
**Criteria:**

- Synthesized by presynaptic cell
- Released by presynaptic cell (when stimulated)
- Stimulates post-synaptic cell (when applied)

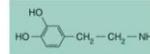


**1) Acetylcholine**

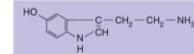
- Widespread in system
  - CNS / PNS
  - Neuromuscular junction



Norepinephrine



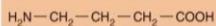
Dopamine



Serotonin

**2) Biogenic Amines** (amino-acid derivatives)

- Broadly distributed in brain
- Emotional behavior ("feel good" effects)



GABA (gamma-aminobutyric acid)

**3) Amino Acids**

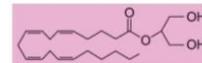
- Located primarily in CNS
- Inhibitory effect
  - Glutamate: Excitatory NT
  - Glycine: Inhibitory NT
  - GABA: Inhibitory NT



Endorphins

**4) Peptides**

- Located primarily in CNS
- Endorphins: Natural opiates
- Substance P: Pain mediator



Endocannabinoid

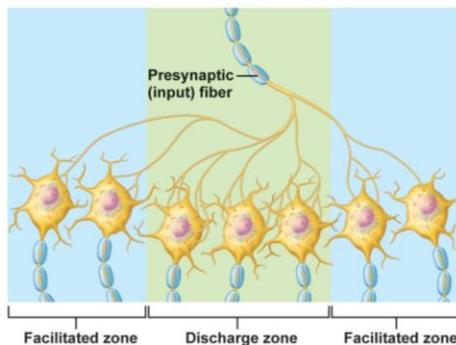
**5) Gases / Lipids**

- Located in CNS / PNS
- Nitric Oxide(NO): Muscle relaxation
- Endocannabinoid: Memory

**Basic Concepts of Neural Integration:**

**Neuronal Pool:** Group of association neurons that perform a specific function (may be localized or diffuse...)

- Output may:
  - 1) stimulate / depress other pools
  - 2) affect interpretation of sensory input
  - 3) directly control motor output



**Discharge Zone:**  
Portion of neuronal pool most likely to respond to direct input

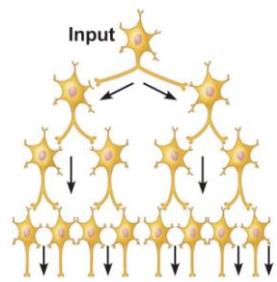
**Facilitated Zone:**  
Portion of neuronal pool that requires additional input from other sources before adequately stimulated

Marieb & Hoehn – Figure 11.21

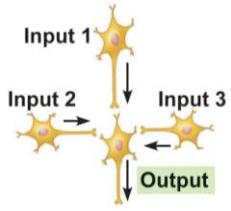
Determine the neuronal pool's functional capabilities

Basic Concepts of Neural Integration:

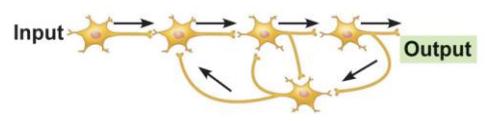
**Circuit:** Pattern of synaptic connections in a neuronal pool



**Diverging Circuit**  
(1 neuron → > 1 neurons)  
Amplifies signal  
(e.g., motor output)



**Converging Circuit**  
(> 1 neuron → 1 neurons)  
Concentrates signal  
(e.g., sensory input)



**Reverberating Circuit**  
(1 neuron → 1 neurons)  
(positive feedback)  
Prolongs signal  
(e.g., repetition activity)

Marieb & Hoehn – Figure 11.22